## FPSL HAPPENINGS

OFFICIAL NEWSLETTER OF FAMILY PROMISES ALT LAKE



#### FROM THE DIRECTOR'S DESK

by Rev. Brian Diggs

At just 12 years old, she sat on a couch at the Family Promise Salt Lake Day Center with obvious emotional exhaustion. She and her mother were homeless again and desperate for shelter. I tried talking with her, but she wouldn't even acknowledge my presence. I got the feeling she'd been in similar situations before and gotten no results. In short, she was done. When she and her mother left, I wondered what would become of her. More specifically, how would she manage her teenage years? Would her mother be able to provide for her? Would the cycle of poverty continue? She, like so many others, was dealing with a tremendous amount of trauma.

One of Family Promise Salt Lake's guiding principles when serving the unsheltered population, and especially unsheltered children, is trauma informed care, or TIC. Trauma informed care names the practice of understanding, recognizing, and responding to the effects of trauma when providing vital case management services. At every level of care, FPSL staff are called to gain a deeper awareness of the types of trauma families encounter and its triggers. Additionally, staff are trained and encouraged to understand trauma's effects on behavior. TIC is crucial to serving our guests and providing them with the best opportunity to become housed and healthy.

More than just a shelter, Family Promise affiliates across the country work together with church and community volunteers to provide a safe place for families to temporarily call home. As we continue preparing to reopen our Emergency Shelter Program in our churches, every effort will be made to ensure our guests receive the best care and guidance possible!







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#### FAMILY PROMISE SALT LAKE GAINS ADDITIONAL STAFF

In May, Kimberlin Correa joined the staff at Family Promise. She is responsible for researching and writing grants. Working with Executive Director, Brian Diggs, Ms. Correa will secure valuable funding from local foundations, financial institutions, and government grantors. Kimberlin comes with a wealth of experience in the non-profit world. She is the founding Executive Director of the INN Between, a hospice for the homeless in Salt Lake City, has long been a champion for people experiencing homelessness Utah, and currently works as a non-profit consultant and fundraiser.

Welcome Kimberlin!



# THANK

#### FROM FAMILY PROMISE SALT LAKE

On June 2nd, the FPSL Board of Directors and staff welcomed over forty people to the facility. The focus of the event was to thank the many supporters who undergirded the organization and brought us through the Covid-19 Pandemic with their gifts and volunteerism. While there, guests enjoyed a meal, toured the Day Center/offices, and heard updates on progress made over the last year from Executive Director, Brian Diggs. Due to the success of the event, another is planned for the fall of 2022!





#### **FPSL BOARD MEMBER SPOTLIGHT**





Nicole Farrell is a long-time supporter of Family Promise Salt Lake. In fact, she recently rejoined the FPSL Board of Directors after taking some time off. Ms. Farrell brings valuable insight to the leadership team and currently serves as board FPSL treasurer.

Said Ms. Farrell, "I have been involved with Family Promise for many years. What keeps me coming back is that I know that we are not just providing a roof over these families' heads but also a path forward where they can build their lives. I love the idea of helping children experiencing homelessness because if we can make an impact in the lives of children, that could change the trajectory of those kids' lives, which amplifies our impact. I have enjoyed seeing how resilient and amazing these families are even after trauma and have learned a lot from them."



#### MANLY BANDS INTERVIEWS REV. BRIAN DIGGS

Manly Bands, located in Lindon, UT., is a unique creator and seller of wedding rings for men.

The brand also supports a different charity every month to give back to Utah communities that need help the most.

In May, Manly Band Video Producer and Editor Warren Workman, interviewed FPSL Executive Director Brian Diggs. Check out the link below to learn more about our organization and how you can help!

https://www.youtube.com/watch?v=19GVLIhWjq4



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